



**STUDY  
ABROAD  
ASSOCIATION**



**GASTON**  
COLLEGE



# JAPAN

**Focus:** Cultural Studies

**Length:** 8 Days

**Dates:** October 14-21, 2025





South Korea



Costa Rica



India

## WHY STUDY ABROAD ASSOCIATION?

Since 2009, SAA has been committed to customizing the most in-depth and affordable short-term, faculty-led study abroad and service learning experiences. We have been working with colleges and universities across the United States to assist in achieving their international education goals. All programs revolve around our core values of Quality Education, Affordability, Sustainability, Customer Service, and Health and Safety.



### Affordability

Our goal is to provide global experiences to as many students as possible. Faculty-led programs allow students, especially those who cannot study abroad for a long period, greater access. A worldlier point of view and deeper understanding of people should be attainable to every student in the US.



### Health and Safety

Safety is our number one priority. To ensure our travelers are completely protected throughout the program, we carry a \$5m liability insurance policy and also provide an all-inclusive travelers health insurance policy, comprehensive risk management procedures and training before the program starts. Additionally our programs include 24/7 on-ground emergency support and assistance.



### Quality Education

All SAA programs are built on the foundation of education. We offer unique programs in various areas of study, including programs in underserved academic fields, such as: STEAM, Business, Allied Health and Culinary Arts. Every SAA program is crafted to achieve the goals of the faculty and institutions we're working with. Our extensive global academic network includes university partnerships, local faculty and subject-area experts, business owners, entrepreneurs, medical professionals, artists, NGOs, anthropologists, scientists, engineers, musicians, chefs, historians, community leaders, sustainability experts and more!



### Customer Service

A dedicated SAA Team will assist you during the entire process. We fully understand the details and extent of work that go into organizing faculty-led programs, so we are available to assist you at every point of your process.



### Sustainability

We promote sustainability with all our programs, visiting local communities and projects in need, as well as establishing long-lasting relationships and positive impacts with everyone we collaborate with.



### US Based

We are a fully insured and accredited US organization with the advantages of having direct operations in more than 30 countries. All payments can be made in US dollars via check or wire transfer to our US bank account.

## PROGRAM PROPOSAL AND INFORMATION

Japan, one of the world's most literate and technically advanced nations, is an East Asian archipelago country made up of four primary islands and more than 6,800 others. While most of Japan is covered by mountains and heavily wooded areas, the country's people lead a distinctly urban lifestyle. Long culturally influenced by its neighbors, today the country blends its ancient traditions with aspects of Western life.

During this 8-day program students will be led by our expert local guide to learn about the history and culture of the country. Students can dive into both the ancient past traditions as well as recent history.

### ON-GROUND PRICE PER PARTICIPANT WITH ROUNDTrip AIRFARE

10-14 : 2 From 12 to 16 travelers	15-19 : 2 From 17 to 21 travelers	20-24 : 2** From 22 to 26 travelers
\$ 4,895	\$ 4,375	\$ 4,120

### Estimated single occupancy upgrade cost - \$ \*750

- Pricing is based on the number of students and faculty listed above (such as 10-14 students with 1 or 2 program leaders/faculty)
- A minimum of 10 students is required
- Pricing is based on the inclusions within this proposal and any changes requested may result in pricing changes and will require a newly signed proposal
- Upon your signature acceptance of this program proposal outlining all program specifics, the on-ground per student price is firm and is not subject to international currency fluctuations

\*Note that any **single occupancy upgrades must be requested via email at least 100 days prior to departure** to be accommodated. At that time, we will check availability and confirm the exact price of single rooms. When we make the group reservations, we hold a block of multiple occupancy rooms and only book singles for the number of faculty listed above. If you know in advance you will need more single rooms, please let us know as soon as possible.

\*\*Price confirmed for a max of 20 participants and 2 professors. For bigger group these price needs to be confirmed after ticketing is finalized







## YOUR PROGRAM ITINERARY

### DAY 1 - DEPARTURE - October 14

Depart Home for Tokyo, Japan

### DAY 2 - TOKYO - October 15

Arrive in Tokyo, Japan

Airport Transfer

Hotel Check-in, Refresh & Relax

Orientation Walking Tour - *The group will become oriented with their neighborhood, the public transportation systems, nearby pharmacies, markets, ATMs, etc. Additionally, an in-depth safety briefing will be provided for what to do in case of an emergency.*

### DAY 3 - TOKYO - October 16

Breakfast & Day Briefing

Palace East Gardens - *Explore the beautiful gardens, Nijubashi Bridge, and Fujimi-yagura Watchtower*

Tokyo National Museum @ Ueno Park - *Visit Japan's oldest museum showcasing art, ancient artifacts, and samurai armor.*

Lunch Break

Senso-ji Shrine - *A brief tour of Tokyo's oldest temple, including Kaminarimon Gate and the temple complex, followed by Free Time at Nakamise Street explore the vibrant pedestrian street filled with shops offering traditional Japanese snacks and souvenirs.*

Tokyo Skytree - *Visit the tallest structure in Japan for panoramic city views and explore Skytree Town for shopping and dining.*

Return to Hotel

Welcome Dinner (hotel or nearby restaurant)

*Enjoy a traditional Japanese meal to reflect on the day's experiences.*

### DAY 4 - TOKYO - October 17

Breakfast & Day Briefing

Train transfer to Shinjuku (*approx. 15 mins*)

Meiji Jingu Shrine - *Visit the serene Shinto shrine surrounded by lush forest, a peaceful retreat in the heart of Tokyo.*

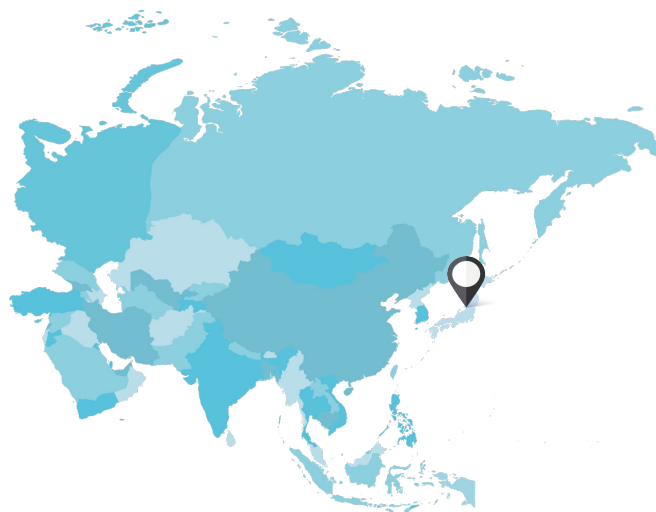
Harajuku and Takeshita Street - *Explore the vibrant shopping street known for quirky fashion, trendy shops, and delicious street food.*

Lunch Break

Shinjuku Gyoen National Garden - *Enjoy a relaxing stroll through the expansive park, blending traditional Japanese, English, and French garden designs*

Shibuya Crossing & Hachiko Statue -

*Experience the iconic Shibuya Crossing, one of the busiest pedestrian intersections in the world, and visit the famous Hachiko Statue*





## YOUR PROGRAM ITINERARY

### DAY 5 - TOKYO/YOKOHAMA - October 18

Breakfast & Day Briefing

Travel to Yokohama (approx. 45 mins)

Cup Noodle Museum - *The concept of the Cup Noodles Museum is "creative thinking". At this interactive museum dedicated to the inventor of Cup Noodles, Momofuku Ando, you will learn about the revolutionary business idea and how it became an international success.*

Chicken Ramen Factory Workshop - *Make chicken ramen by hand.*

Return to Tokyo

### DAY 6 - TOKYO/KYOTO - October 19

Breakfast & Day Briefing

Private Tea Ceremony with Kimono - Tokyo

Tea Ceremony in Japan is one of the best and memorable experiences you can have! Enjoy an authentic matcha tea ceremony in the heart of Japan's cultural capital.

Bullet train to Kyoto (approx. 2 hours)

Hotel Check-in, Refresh & Relax

### DAY 7 - KYOTO - October 20

Breakfast & Day Briefing

Full Day Historical Tour of Kyoto (private coach) - *Discover some of the most legendary temples and sites of Kyoto*

- Fushimi Inari-Taisha Temple
- Kinkaku-ji Temple (Golden Pavilion)
- Kiyomizu-dera
- Arashiyama Bamboo Grove

Hotel Check-in, Refresh & Relax

Farewell Dinner & Program Closing- *The group will be taken for an authentic Japanese dinner with a wide variety of menu options to cater all diets*

### DAY 8 - RETURN - October 21

Breakfast & Day Briefing

Airport Transfer to Tokyo (direct train - this requires a late afternoon/evening flight)

Depart Tokyo, Japan for Home



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## PROGRAM HIGHLIGHTS

- Palace East Gardens
- Tokyo National Museum @ Ueno Park
- Senso-ji Shrine
- Tokyo Skytree
- Meiji Jingu Shrine
- Harajuku and Takeshita Street
- Shinjuku Gyoen National Garden
- Shibuya Crossing & Hachiko Statue
- Cup Noodle Museum
- Chicken Ramen Factory Workshop
- Kyoto - Arashiyama Bamboo Grove
- Full Day Historical Tour of Kyoto
- Tea Ceremony

## PROGRAM INCLUDES

- 6 Nights of Accommodation
  - 2-4 people per room for participants, each with their own bed and ensuite bathroom
  - Single for faculty/program leader(s) with ensuite bathroom
  - Free wifi and daily breakfast
- All Ground Transportation
- Meals: Breakfast each day & Welcome & Farewell Dinners
- Historical & Cultural Walking Tours
- Full Time On Site Program Director Available 24/7 in case of Emergencies
- 24/7 On-Ground Emergency Support
- SAA's Mandatory [Health Insurance](#)\* (see next page)
- SAA's \$5m Liability Insurance (COI available upon request)
- Tips & Gratuities

## NOT INCLUDED

- International Airfare
- Meals Not Specified
- Passport and Visa Fees (if applicable)
- Single Room Upgrade Costs for Participants
- Classroom/Meeting Space
- Optional Activities and Suggestions
- [Optional Travelers Insurance and/or CFAR/IFAR](#)
- Personal Expenses

## ALL OF OUR PROGRAMS ARE 100% CUSTOMIZABLE

Is there an experience you'd like to provide the students that's not included in the itinerary?

**Let's add it!**

Are there sites that better fit your subject than the ones provided?

**Let's swap them!**

Tell us your dream itinerary and we'll work with you to make it a reality.



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# IMPORTANT DEADLINES AND PAYMENT DETAILS

Please note these important details related to this program. Many of these deadlines and policies are tied to accommodations and on-site arrangement needs. We are happy to review these on a case-by-case basis to meet your institutional needs.

<p><b>Enrollment Confirmation Deadline:</b></p> <p><b>May 17, 2025</b></p>	<ul style="list-style-type: none"> <li>150 days prior to departure the institution will send SAA the initial roster of participants</li> <li>If the program does not meet the minimum number of participants by this date, the program can be cancelled without penalty</li> <li>Upon receipt of the roster, SAA will send the deposit invoice for the number of participants on the roster</li> </ul>
<p><b>Drop/Add Deadline and Deadline for any special housing requests:</b></p> <p><b>June 26, 2025</b></p>	<ul style="list-style-type: none"> <li>110 days prior to departure is the last date to add/drop participants, including, students, faculty, or guest</li> <li>100 days prior to departure is also the deadline when any special housing requests must be made, such as a single-room upgrade</li> </ul>
<p><b>Passport Information and Details Due</b></p> <p><b>July 26, 2025</b></p>	<ul style="list-style-type: none"> <li>80 days before departure SAA needs to receive passport details for all participants in order to confirm reservations on-site</li> </ul>
<p><b>Withdrawal Deadlines:</b></p>	<ul style="list-style-type: none"> <li>Withdrawal or cancellation <b>&gt; 100 days</b> before departure (July 6, 2025), SAA shall refund the deposit paid per person</li> <li>Withdrawal or cancellation <b>99-80 days</b> before departure (July 26, 2025), SAA shall retain the deposit per person and will return any other recoverable costs available</li> <li>Withdrawal or cancellation <b>79 days before departure (July 27, 2025) to the arrival day</b>, no refund shall be provided</li> </ul>
<p><b>Program Payment Deadlines:</b></p>	<ul style="list-style-type: none"> <li>150 days prior to departure \$500 per person is due and payable by <b>May 17, 2025</b></li> <li>100 days prior to departure, the second payment in the amount of 50% of the remaining amount is due and payable by <b>July 6, 2025</b></li> <li>70 days prior to departure, the third and final payment in the amount of the remaining amount is due and payable by <b>August 5, 2025</b></li> </ul>