

HEALTH AND FITNESS SCIENCE

DIPLOMA (D45630) | ESTIMATED PROGRAM COSTS | 2026–2027

Three-semester, 37-credit curriculum. Costs below are estimates for planning purposes and may change. Tuition and standard fees use Gaston College's published rates. Textbooks are estimated at \$200 per semester.

FIRST SEMESTER • FALL

13 credit hours | Courses: HFS 110, HFS 111, PED 110, COM 120

Cost item	In-state residents	Out-of-state residents
Tuition (13 credits)	\$988	\$3,484
Campus access / security	\$100	\$100
Student success	\$15	\$15
Student activity	\$50	\$50
Technology	\$48	\$48
Student assistance / accident insurance	\$4	\$4
Lab fees (planning range; 4 weekly lab hours at \$6–\$24)	\$24–\$96	\$24–\$96
Background, drug screen and document tracking (if required)	\$106–\$110	\$106–\$110
Textbooks and required course materials (estimated)	\$200	\$200
ESTIMATED SEMESTER SUBTOTAL*	\$1,535–\$1,611	\$4,031–\$4,107

SECOND SEMESTER • SPRING

16 credit hours | Courses: HFS 218, HFS 212, PED 117, HEA 112, BIO 155, PSY 150

Cost item	In-state residents	Out-of-state residents
Tuition (16 credits)	\$1,216	\$4,288
Campus access / security	\$100	\$100
Student success	\$15	\$15
Student activity	\$50	\$50
Technology	\$48	\$48
Student assistance / accident insurance	\$4	\$4
Malpractice insurance (second semester only)	\$13	\$13
Lab fees (planning range; 9 weekly lab hours at \$6–\$24)	\$54–\$216	\$54–\$216
Textbooks and required course materials (estimated)	\$200	\$200
ESTIMATED SEMESTER SUBTOTAL*	\$1,700–\$1,862	\$4,772–\$4,934

THIRD SEMESTER • SUMMER

8 credit hours | Courses: HFS 210, PED 122, PED 121, HEA 110

Cost item	In-state residents	Out-of-state residents
Tuition (8 credits)	\$608	\$2,144
Campus access / security	\$100	\$100
Student success	\$15	\$15
Student activity	\$50	\$50
Technology	\$48	\$48
Student assistance / accident insurance	\$4	\$4
Lab fees (planning range; 7 weekly lab hours at \$6-\$24)	\$42-\$168	\$42-\$168
Textbooks and required course materials (estimated)	\$200	\$200
ESTIMATED SEMESTER SUBTOTAL*	\$1,067-\$1,193	\$2,603-\$2,729

ESTIMATED TOTAL PROGRAM COST

Cost item	In-state residents	Out-of-state residents
Tuition across 37 credits	\$2,812	\$9,916
Standard fees across three semesters	\$651	\$651
Lab-fee estimate (all three semesters)	\$120-\$480	\$120-\$480
Malpractice insurance (spring only)	\$13	\$13
Textbooks and required course materials (3 × \$200)	\$600	\$600
Screening and document tracking (if required)	\$106-\$110	\$106-\$110
ESTIMATED PROGRAM TOTAL*	\$4,302-\$4,666	\$11,406-\$11,770

*The estimated totals include tuition, standard fees, estimated lab fees, one malpractice charge assessed in spring, screening/document tracking, and \$200 in textbooks per semester. Lab estimates use weekly lab contact hours as a planning proxy. Actual charges vary by course and individual circumstances.

ADDITIONAL COST INFORMATION

Additional student expenses may include physical examinations, immunizations, a personal trainer certification examination, uniforms, and other supplies. These costs are not included in the estimated totals because they vary. The \$200-per-semester textbook allowance is an estimate, not a bookstore quote. The malpractice insurance charge is assigned only to the second (spring) semester.

Sources: Gaston College tuition and fee schedule (www.gaston.edu/pay-for-college/); HFS Diploma Curriculum (created August 16, 2024); 2019–2020 HFS estimated cost document (format reference).